





Ineffective coping related to altered appearance from drugs, radiation, or other treatment as evidenced by being frightened, angry and tearful about the diagnosis and start of treatment.	Interrupted family process related to disruption of family routines because of time consuming treatments as evidenced by start of cancer treatment and being married with three small children.
NIC: Teach the patient skills to minimize feelings of apprehension, dread, foreboding, or uneasiness related to an unidentified source of anticipated danger.	NIC: Provide the patient with the necessary information, advocacy, and support to facilitate primary patient care by someone other than a health care professional.
NIC: Help patient to manage negative behavior by teaching patient the benefits of relaxation therapy.	NIC: Teach the client to utilize their families' strengths to influence patient's health in a positive direction.
NOC: Teach the patient self-initiated actions to promote wellness, recovery, and rehabilitation.	NOC: Reinforce the need for positive interactions and connections between the caregiver and care recipient.
NOC: Teach the patient how to eliminate or reduce feelings of apprehension, tension, or uneasiness from an unidentifiable source.	NOC: Teach the patient that they have the capacity to develop strategies for optimal functioning when a member has a chronic illness or disability.

I feel that this patient would benefit from some type of family counseling and in-depth teachings about what to expect during her treatment process. I feel this will help promote positive behaviors in the treatment and recuperations process.

## Works Cited

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