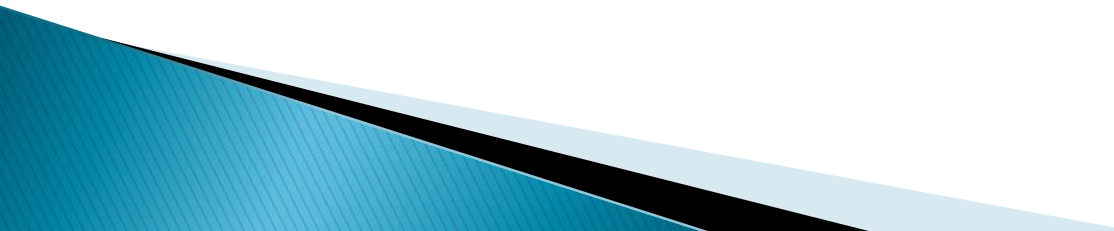


Health Literacy

Presented By
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And
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Community Health
Nursing 40020



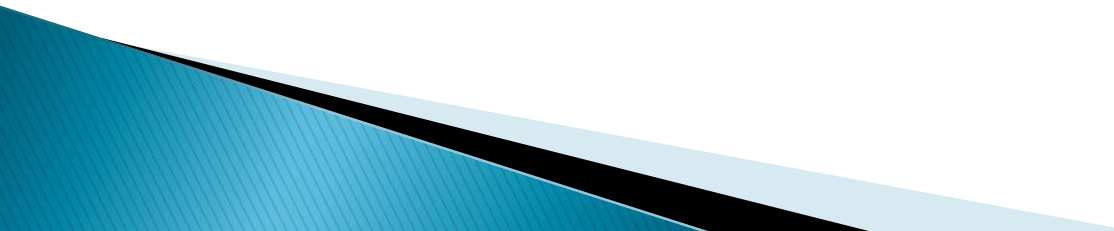
Objectives

- ▶ 1. Provide resources if lacking insurance.
 - ▶ 2. Importance of having a primary care physician.
 - ▶ 3. Importance of routine preventative health care.
 - ▶ 4. Importance of good report with a primary care physician.
 - ▶ 5. Awareness of resources available to veterans and how to incorporate education of these benefits to veterans in need.
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Health Literacy

- ▶ Who knows the definition of health literacy?

Health Literacy

- ▶ Who knows the definition of health literacy?
 - ▶ Health Literacy is defined as people “ultimately taking responsibility for making their own choices and decisions” regarding their health. It is also the “right of all people to enjoy the highest attainable standard of physical and mental health...”. It is also every persons right to question any aspect of their own health care and be able to agree or decline any procedure they deem unnecessary.
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Routine Care

- ▶ Benefits: improved physical, social and mental health status...
 - –Prevention of disease and disability
 - –Detection and treatment of health conditions
 - –Quality of life
 - –Preventable death
 - –Life expectancy
- “By definition, health promotion is an action or effort that supports the wellbeing of individual people, groups and communities by reducing risk of illness and injury”

Routine Care

- Access Barriers: “Limited access to health care impacts people’s ability to reach their full potential, negatively affecting their quality of life.”
 - Lack of availability
 - High cost
 - Lack of insurance coverage
- The result of these barriers is:
 - Unmet health needs
 - Delays in receiving appropriate care
 - Inability to get preventative services
 - Hospitalizations that could have been prevented

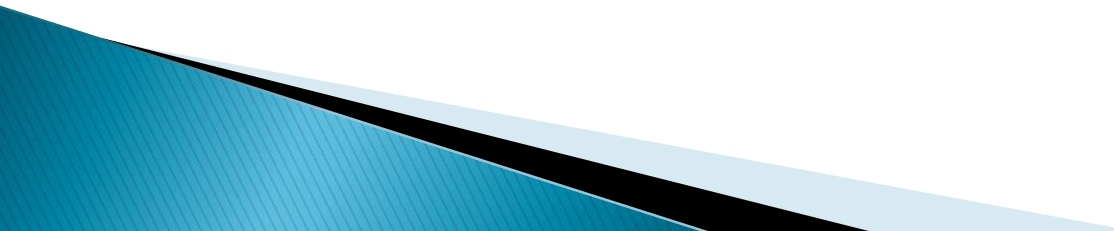
Video

- ▶ <http://www.youtube.com/watch?v=1F0MohDhg6E&feature=related>

Insurance

- ▶ How many people have insurance and how many utilize all of its benefits? Why do you feel this is important?

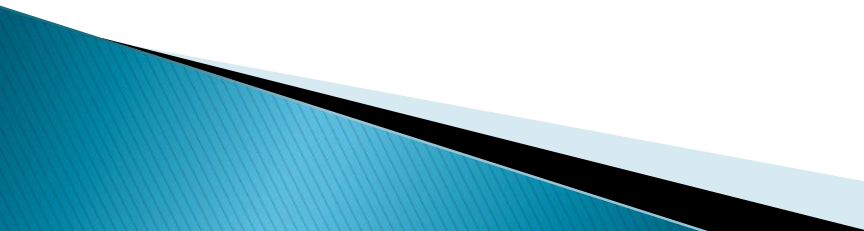
Scenario

- ▶ Pt: S.D., 50 year old female getting regular mammograms is found to have early stage breast cancer that can be treated non-aggressively. What would happen if she wasn't keeping up with her regular preventative checkups with her primary care physician? This is a benefit of utilizing all that your insurance has to offer.
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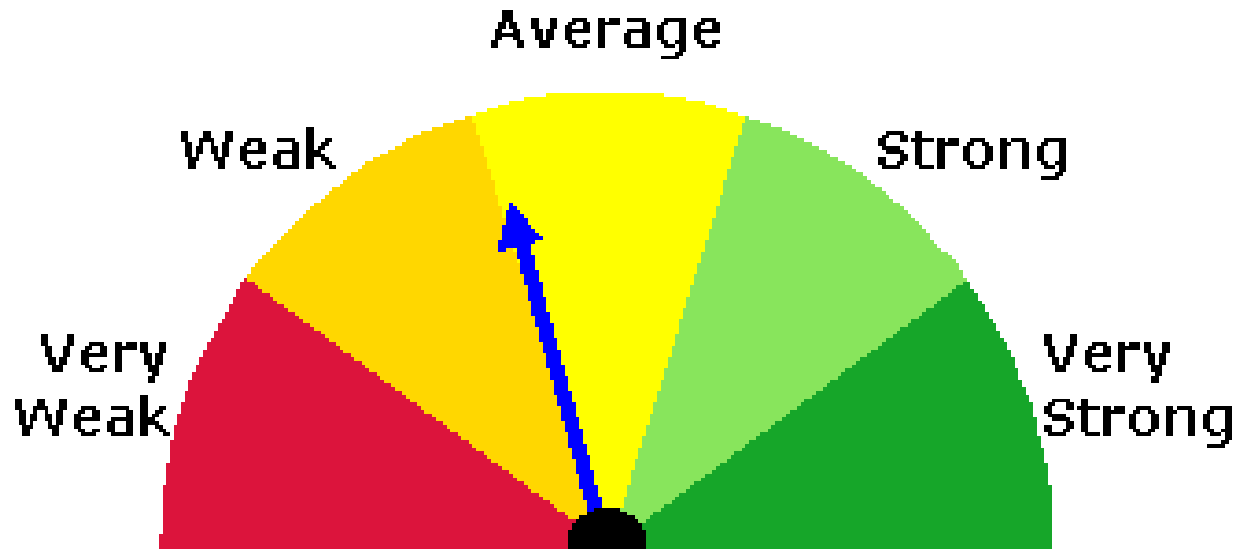
Insurance

- ▶ How many are losing their benefits after graduation, and what are your plans for obtaining new benefits?

Resources for the Uninsured

- ▶ U.S. Uninsured Help Line (800-234-1317)
 - ▶ WIC (Women, Infant, Children)
 - ▶ Breast & Cervical Cancer Protection Package
 - ▶ VA Medical Benefits Package
 - ▶ Ohio High Risk Pool (For individuals with pre-existing, severe or chronic conditions)
 - ▶ Medicare
 - ▶ Partnership for Prescription Assistance
 - ▶ Ohio HIV Drug Assistance Program
- 

Ohio Compared to Other States Overall Health Care Quality



**Performance Meter:
All Measures**

Shocking Statistics!

- ▶ “According to the U.S. Census Bureau on income, poverty and health insurance coverage, 49.9 million Americans are uninsured.”
- ▶ In the United States 18.4% of people participating in the 2010 census are uninsured of that percent 20.6% are unemployed.
- ▶ Those who participated that perceived their health as excellent (82.2%) had insurance. Those who felt their health was poor (25.1%) were uninsured.

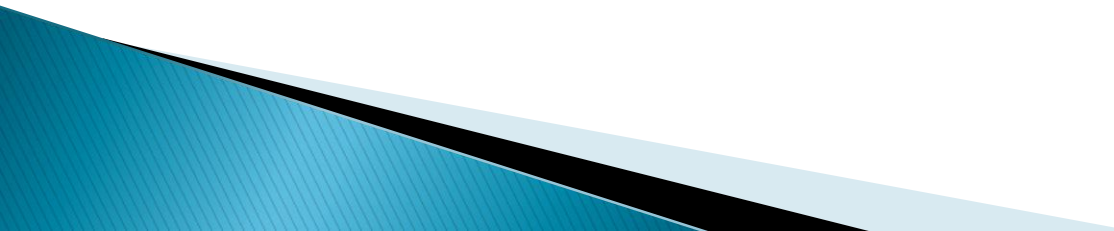
Primary Care Physicians

- ▶ Purpose: to prevent illness by detecting early warning signs or symptoms before they develop into a disease. The earlier the detection, the easier the treatment.
- ▶ Patient builds greater trust in the physician
- ▶ Better communication between patient and physician
- ▶ Increased likelihood that patients will receive appropriate care.
- ▶ The nurses role in the primary care setting is limited because they can only be a patient advocate to the physician.

Emergency Department

- ▶ How many of you use outpatient clinics like Stat Care or emergency rooms as your primary care provider and why?

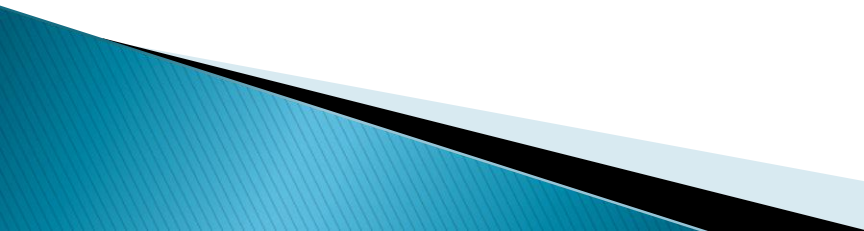
Resources for Low Income/No Income

- ▶ Barberton Community Health Clinic
 - ▶ Akron Community Health Resources
 - ▶ Health Connections Network
 - ▶ Patient Assistance Programs
 - ▶ Canton Health and Wellness Free Clinic
 - ▶ Richard D. Watkins Canton Community Clinic
 - ▶ Total Living Center
 - ▶ Note: Every county has a community clinic and most hospitals have financial assistance programs.
- 

Veterans

- ▶ Any veteran can enroll to receive medical care and will be provided with an appointment as soon as one becomes available. Veterans who are service connected disabled receive priority.
- ▶ Exclusion criteria to receive benefits are those veterans that are considered high income.
- ▶ The Medical Benefits Package is available to all enrolled veterans when treatment is needed to:
 - ▶ Promote good health, OR
 - ▶ Preserve your current health, OR
 - ▶ Restore you to better health

Veteran Advocacy

- ▶ Currently there are many veterans that do not know of their right to medical benefits.
 - ▶ The role of hospitals and clinics should be to determine who these veterans are and educating them on their right to medical care through the V.A.
 - ▶ As of yet there is no such identification method established in hospitals or clinics.
 - ▶ This could all be changed by requiring health care facilities to ask if they are a veteran.
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