

**Kent State University
College of Nursing
N20020
Head to Toe Assessment Documentation Guide**

General Survey					
Patient Name <i>Meghan Gilroy</i>	Age <i>24</i>	Height <i>57"</i>	Weight <i>146 lbs</i>	Nurse's Name/Date <i>Evelt Pugh 12/2/09</i>	
Temperature <i>98.1</i>	Radial Pulse <i>81</i>	Respirations <i>16</i>	Blood Pressure <i>118/76</i>	Pain <i>4/10</i>	O ₂ Sat/O ₂ <i>96%RA</i>
Head/Skin					
Skin color/Mucosa/Scars <i>Skin warm and dry, slightly pale, Cheeks of face slightly flushed</i>	Facial expression <i>Facial expression Winced in pain when touched lower left quadrant of abdomen</i>	Facial/Smile symmetry <i>Face and smile are symmetrical</i>	Tongue/Mucous Membranes <i>Tongue and mucous membranes- pink without lesions and pain</i>	Throat/Tonsils <i>Throat without tenderness/ Tonsil intact without tenderness</i>	
Glasses/Contacts <i>Hearing Aids Wears contacts and glasses</i>	Teeth/Dentures <i>Teeth intact</i>	Nasal/Ear Drainage <i>No nasal or ear drainage present</i>	Braden Score <i><u>21</u> /23</i>	Skin Turgor <i>Skin turgor <2sec</i>	
Condition of Hair/Nails <i>Hair texture intact/ nails color WNL</i>	LOC <i>WNL</i>	Alertness (A&O) <i>A&O X 3</i>	Clarity of Speech <i>Speech clear</i>	Pupils/Light/Accommodation (PERRLA) <i>PERRLA</i>	
		Glasgow Coma Scale <i><u>15</u> /15</i>			
Appetite/Diet (assess diet over last 24 hours) <i>Breakfast- cereal Lunch- Soup or sandwich Dinner- pasta Snacks- Cookies, Chips, Crackers Drinks- 16oz of milk, 16oz of water, no soda</i>					
Neck					
Range of Motion (ROM) <i>ROM WNL</i>	Trachea Midline? <i>Trachea intact</i>	Jugular Vein Distention (JVD)? <i>JVD not present</i>	Carotid Pulse? <i>Carotid pulse +2/ strong bilateral</i>		
Chest					
Respiratory rhythm/effort SOB/DOE <i>Respiratory rhythm regular WNL</i>	Bilateral lung sounds <i>Bilateral lungs sounds are clear with no crackles or wheezes</i>		Cough <i>No cough</i>		Oxygen <i>N/A</i>
	Anterior <i>Anterior lung sounds clear</i>	Posterior <i>Posterior lung sounds clear</i>	Non-productive <i>None</i>	Productive <i>None</i>	Trach <i>N/A</i>
				Character of Sputum <i>None</i>	Chest tube <i>N/A</i>

Apical rate/rhythm <i>68/ regular</i>	Pulse deficit <i>No pulse deficit present</i>	Chest shape/symmetry <i>Chest shape WNL & symmetrical</i>			

Abdomen								
Size/Shape/Tenderness <i>Abdomen WNL with slight tenderness to touch</i>		Bowel Sounds <i>BS-hyperactive x4</i>	LBM Amount/shape/color Constipation/Diarrhea <i>LBM that morning medium amount of loose yellow stool. Client states "I have colitis this happens a lot."</i>		Nasogastric/PEG tube N/A		Abdominal bruits N/A	
Ostomy N/A	Drains N/A	Nausea/Vomiting (+) Nausea without vomiting			Tube feeding N/A			
Urinary Pattern/ Frequency/Pain			Color/Odor/Sediment? N/A			Foley N/A		
Extremities								
Movement (MAE)		Activity/assistance? <i>Activity WNL with no assistive devices</i>	Color/temperature <i>Skin- warm & dry, slightly pale, scar on left knee, bruising and scrapes on both knees Client states "that I play soccer and had game last night and got them then."</i>		Edema-location <i>None</i>		Pedal pulses	
Hand grasps? <i>Strong & WNL</i>					Pitting <i>None</i>	Non-pitting <i>None</i>	Dorsalis Pedis <i>Bilateral +2/ strong</i>	Posterior tibial <i>Bilateral +2/ strong</i>
Leg strength? <i>Strong & WNL</i>			Capillary refill <i>CR <3 sec</i>					
Intravenous therapy N/A				AV Shunt-Thrill/Bruit N/A				
Back								
Skin condition? <i>None</i>								
Sacrum/coccyx/scapula - N/A								
Pain								
Level/location/radiation/paresthesia/relief measures <i>Client c/o dull throbbing pain in lower left quadrant of abdomen.</i>								
Nursing Diagnoses								
1. Diarrhea r/t loose stool								

2. Imbalanced Nutrition: Less than body requirements r/t diarrhea

3. Deficient fluid volume r/t diarrhea

Table 25-4 GLASGOW COMA SCALE

Best Eye-Opening Response		Best Verbal Response		Best Motor Response	
Purposeful and spontaneous	4	Oriented	5	Obeys commands	6
To voice	3	Disoriented	4	Localizes pain	5
To pain	2	Inappropriate words	3	Withdraws to pain	4
No response	1	Incomprehensible sounds	2	Flexion to pain	3
Untestable	U	No response	1	Extension to pain	2
		Untestable	U	No response	1
				Untestable	U

